College of Adaptive Arts
Inclusive Collegiate Partnerships

Course and Club Offerings Winter/Spring 2027

Monday, January 4 - Friday, June 17, 2027

Semester Breaks (No Class or Emails): ***February 1 - 5***
March 8 - 12
April 12 - 16
May 17-21

Holidays (No Classes)

01/18/27 ***Martin Luther King Day***
05/31/27 ***Memorial Day***
06/18/27 ***Juneteenth***

Summer break: Monday, June 21, 2027 - Friday, July 2, 2027

Day	Time	Class Name	Lead	Type
Monday	3:00 pm - 4:00 pm	Practical Math	Wu	zoom
	3:00 pm - 4:00 pm	Pound Fitness+	Matarangas	onsite
	3:00 pm - 4:00 pm	World History: Greece	Heathcote	zoom
	3:00 pm - 4:00 pm	Intro To Voiceover+	Thrasher	zoom
	4:30 pm - 5:30 pm	Belly Dancing*	Matarangas	hybrid
	4:30 pm - 5:30 pm	Seated Strength & Conditioning with Dance	Hamaker	zoom
	6:00 pm - 7:00 pm	Digital Publishing	Lowe	zoom
	6:00 pm - 7:00 pm	Joy of Baking*	Kim	zoom
	6:00 pm - 7:00 pm	Dance for Strength and Conditioning	Hamaker	zoom
Tuesday	10:30 am - 11:30 am	Speaking with Confidence+	Nguyen	zoom
	10:30 am - 11:30 am	Welcome to CAA+	Murray	zoom
	10:30 am - 11:30 am	The Power Of Poetry	Lea	zoom
	10:30 am - 11:30 am	One Act Wonders*	Medina, Thrasher	hybrid
	10:30 am - 11:30 am	Beginning Piano	Reisman	onsite
	10:30 am - 11:30 am	Intro Mobile Photography [MISSION COLLEGE]	Castillo	onsite-MC
	12:00 pm - 1:00 pm	Digital Arts	Reisman	hybrid
	12:00 pm - 1:00 pm	Music Appreciation: Country Music	Thacker	zoom
	12:00 pm - 1:00 pm	Scene Study Showcase*	Medina, Thrasher	hybrid
	12:00 pm - 1:00 pm	Journal with Me	Jones	zoom
	12:00 pm - 1:00 pm	Ballet Fundamentals [MISSION COLLEGE]	Hamaker	onsite-MC
	1:30 pm - 2:30 pm	Music Appreciation	Lea	zoom
	1:30 pm - 2:30 pm	Comic Books Study	Medina	zoom
	1:30 pm - 2:30 pm	Social and Life Skills	Baker	zoom
	1:30 pm - 2:30 pm	Pop Culture	Lindsay	zoom
	1:30 pm - 2:30 pm	Theatre Games [MISSION COLLEGE]	Maher, Thrasher	onsite-MC
	3:00 pm - 4:00 pm	Contemporary and Cultural Dance	Matarangas	onsite
	3:00 pm - 4:00 pm	Leading with Confidence	Baker	zoom
	3:00 pm - 4:00 pm	Film Studies-Exploring Film Styles	Medina	zoom
	3:00 pm - 4:00 pm	Welcome to CAA+	Lea	hybrid
	3:00 pm - 4:00 pm	Drawing Basics Step by Step	Telles	zoom
	4:30 pm - 5:30 pm	Introduction to Miniature Painting	Telles	onsite
	4:30 pm - 5:30 pm	Welcome to CAA+	Tafoya	zoom
	4:30 pm - 5:30 pm	Dance for Stability & Balance	Hamaker	zoom
	4:30 pm - 5:30 pm	Dance to Disney+	Matarangas	onsite
	4:30 pm - 5:30 pm	Computer Coding-Intermediate*	Hinch	zoom
	6:00 pm - 7:00 pm	Just Dance	Martin	zoom
	6:00 pm - 7:00 pm	Keep Baking: Baseline Techniques	Fore	zoom
	6:00 pm - 7:00 pm	Creative Digital Photography	Werner	zoom

Day	Time	Class Name	Lead	Type
Wednesday	10:30 am - 11:30 am	Broadway Bound: Musical Theatre	Maher	onsite
	10:30 am - 11:30 am	Joy of Broadway Jazz	Matarangas	zoom
	10:30 am - 11:30 am	Music Production*	Reisman, Castillo	onsite
	10:30 am - 11:30 am	Reading Writing: Fairytales and Disney	Headley, Lindsay	zoom
	10:30 am - 11:30 am	Sequential Art: Making Comics	Li	zoom
	12:00 pm - 1:00 pm	Concert Choir*	Lea	onsite
	12:00 pm - 1:00 pm	Music Production Lab*	Castillo, Reisman	onsite
	12:00 pm - 1:00 pm	Take Two: Acting for Auditions	Maher	onsite
	12:00 pm - 1:00 pm	Mathemagical Art	Li	zoom
	12:00 pm - 1:00 pm	Seated Ballet Fundamentals	Hamaker	zoom
	1:30 pm - 2:30 pm	Adaptive Guitar	Dugan	onsite
	1:30 pm - 2:30 pm	Music Appreciation: History of Music Groups	Thacker	zoom
	1:30 pm - 2:30 pm	Marketing Around Us-Company Catch Our Attention	Bridgman-Fralin	zoom
	1:30 pm - 2:30 pm	Intro To Mobile Videography	Castillo	onsite
	1:30 pm - 2:30 pm	Spoken Word Poetry	Hamaker	zoom
	3:00 pm - 4:00 pm	Pound Fitness+	Matarangas	zoom
	3:00 pm - 4:00 pm	Storytelling through Costume and Design	Luong, Medina	onsite
	3:00 pm - 4:00 pm	Food Smarts the Art of Nutrition	Hamaker	zoom
	3:00 pm - 4:00 pm	Computer Coding	Reisman	hybrid
	3:00 pm - 4:00 pm	Intro To Mobile Photography	Castillo	onsite
	4:30 pm - 5:30 pm	Hip Hop Dance	Maher	onsite
	4:30 pm - 5:30 pm	Dance to Disney+	Matarangas	zoom
	4:30 pm - 5:30 pm	History of Animation	Nguyen, Heathcote	zoom
	4:30 pm - 5:30 pm	Spanish	Lea	zoom
	6:00 pm - 7:00 pm	Fitness Fusion Dance Party	Martin	zoom
Thursday	10:30 am - 11:30 am	YANA Club/Student Check In	Murray	hybrid
	10:30 am - 11:30 am	Basic Computer Skills	Reisman	hybrid
	10:30 am - 11:30 am	Print Making	Li	onsite
	10:30 am - 11:30 am	Reading and Writing Lab	Lindsay	zoom
	10:30 am - 11:30 am	Animal Kingdom	Lea	zoom
	12:00 pm - 1:00 pm	Introduction to Employment Skills	Bridgman-Fralin	hybrid
	12:00 pm - 1:00 pm	Fiber Arts	Li	onsite
	12:00 pm - 1:00 pm	Go Go Godzilla!	Medina	zoom
	12:00 pm - 1:00 pm	Creative Digital Art*	Werner, Dugan	hybrid
	1:30 pm - 2:30 pm	Speaking with Confidence+	Nguyen	zoom
	1:30 pm - 2:30 pm	Stop Motion Animation	Dugan	onsite
	1:30 pm - 2:30 pm	Intro to Theatre	Thrasher	zoom
	3:00 pm - 4:00 pm	Dance Through the Decades	Matarangas	hybrid
	3:00 pm - 4:00 pm	Basic Song Writing	Lea, Reisman	onsite
	3:00 pm - 4:00 pm	Emotions in Art	Dugan	zoom
	3:00 pm - 4:00 pm	Daily Life Science	Wu	zoom
	3:00 pm - 4:00 pm	Media Magic Decoder Lab	Medina	zoom
	4:30 pm - 5:30 pm	US History: Early 20th Century	Heathcote	zoom
	4:30 pm - 5:30 pm	CAA Cardinal Cheer Squad	Matarangas	hybrid
	4:30 pm - 5:30 pm	Intro to Voiceover+	Thrasher	zoom
	4:30 pm - 5:30 pm	Contemporary/Modern Dance Practice	Martin	onsite
	6:00 pm - 7:00 pm	Theatre Games	Thrasher, Maher	zoom
	6:00 pm - 7:00 pm	Cultural Dance Styles Around the World	Martin	zoom
	6:00 pm - 7:00 pm	Still Life Drawing and Painting	Ferguson	zoom

Day	Time	Class Name	Lead	Type
Friday	10:30 am - 11:30 am	Happy Feet! Learn to Tap Dance	Maher	onsite
	10:30 am - 11:30 am	Ancient Art History	Dugan	zoom
	10:30 am - 11:30 am	Reading Partners	Thrasher	zoom
	10:30 am - 11:30 am	Exploring Japanese Unique Culture	Jones, Nguyen	zoom
	12:00 pm - 1:00 pm	Digital Life Skills: Smart, Safe, Social Online	Bridgman-Fralin	zoom
	12:00 pm - 1:00 pm	Ballet Fundamentals Dance Class	Hamaker	onsite
	12:00 pm - 1:00 pm	Computer Gaming+	Lindsay	zoom
	12:00 pm - 1:00 pm	Cardinal Repertory Theatre**	Thrasher, Medina	hybrid
	1:30 pm - 2:30 pm	On-Camera Acting	Medina	onsite
	1:30 pm - 2:30 pm	Line Dancing	Matarangas, Maher	onsite
	1:30 pm - 2:30 pm	Holistic Drum Circle	Murray	onsite
	1:30 pm - 2:30 pm	Drawing People	Dugan	zoom
	3:00 pm - 4:00 pm	Film Studies: Science Fiction	Lindsay	zoom
	3:00 pm - 4:00 pm	Varsity Dance Cheer Squad	Matarangas	onsite
	3:00 pm - 4:00 pm	Our Blue Planet: Discovering Marine Life	Bridgman-Fralin	zoom
	3:00 pm - 4:00 pm	Basic Science: Climate Change	Wu	zoom
	3:00 pm - 4:00 pm	Seated Mobility & Imagery Through Dance	Hamaker	zoom
	4:30 pm - 5:30 pm	Clay Creations Intro To Ceramics	Ferguson, Murray	onsite
	4:30 pm - 5:30 pm	Mobility & Imagery Through Dance	Hamaker	zoom
	4:30 pm - 5:30 pm	Mythology: Faiths and Legends	Heathcote	zoom

Day	Time	Club Name	Coach	Location
TBD	TBD	**Community Cardinals Club**-(Jan-June 2027) *-members of this club represent CAA in the community thru performances at community events. If you register for a performance class like Cheer, Choir, Adaptive Guitar, etc. please register for this club.*		Various Events
Saturday	10:00 am - 12:00 pm	**Gaming Team**-6 sessions (Jan-June 2027)	Nguyen, Fu	CAA-West Valley
Saturday	10:00 am - 12:00 pm	**Golf Team**-6 sessions (Apr-June 2027)	Coronado	Santa Teresa Golf Club
Saturday	12:30 pm - 2:30 pm	**From the Heart Theater Club (FTHTC)** 6 sessions (Jan-June 2027)	Thrasher, Schmitz	CAA-West Valley
Sunday	11:00 am - 1:00 pm	**Bowling Team**-6 sessions (Jan-Mar 2027)	Coronado, Peronto	Homestead Bowl
Tuesday	1:30 pm - 2:30 pm	**Walk n' Rollers Club** (Jan-June 2027)**#** *-meets every 2 weeks alternating with the Garden club*	Murray	West Valley
Tuesday	1:30 pm - 2:30 pm	**Garden Club** (Jan-June 2027)**#** *-meets every 2 weeks alternating with the Walking club*	Murray, Matarangas	West Valley

+ Course offered on multiple days. *See Waitlist policies* **# Club offered every 2 weeks.** *10 sessions total*

*** Intermediate and Advanced level class, prerequisites required.** *Contact the lead instructor for specific information*

**** Multi-semester commitment required.** *Contact the lead instructor for specific information*

Type: Onsite-West Valley only; **Onsite-MC-**Mission College; **Zoom**-Zoom only; **Hybrid**-Your choice, either Zoom or West Valley